

PARENTING SEMINARS

Manning Valley Neighbourhood Services Inc. will be holding Parenting Seminars in Taree throughout the year. Seminars will include:

- Creating Positive Relationships
- Positive Parenting
- Positive Disciplining
- Ideas for Parenting Teens
- Being a Grandparent
- Being a Dad (which will run over 3 weeks) and
- Self Esteem and Communication (which will run over 4 weeks)

All parents/grandparents are welcome!

Information on dates and venues will be advised. Some of these Seminars will be held at 'The Meeting Place'.

Please let us know if you are interested and would like more information mailed to you (call us on 6553 5121).

YUUDUNG MARRUNG

"Good Journey"

A free group for **Aboriginal women 18 years and older**, who may know someone, past or present, affected by sexual assault.

Morning tea, art and craft supplies will be provided free of charge.

Date: Group starts Tues 5th Feb 2008

Time: 10am - 12 noon

Where: "The Meeting Place",
22 Marjorie Street,
Ruprecht Park Estate, Taree

Transport is available from Purfleet (Biripi/Nambi building) leaving 9.45 am

Contact:

Roslyn O'Brien	6592 9696
Michelle Wilkes	6592 9313
Mindi Avery	6552 4777

A 'TASTE OF CIRCUS'

Manning Valley Neighbourhood Services Inc. held some very successful circus training at the PCYC in early January! Kids learnt some fun circus skills including; stilt walking, juggling, unicycle riding, and aerobatics.

We also held a session at Ruprecht Park one night and the kids got to see some professional circus performers doing fire twirling and fire juggling!

We hope to run some more in future school holidays so keep your eye on these newsletters.

DID YOU KNOW?

We have 2 active gardening groups on the estate?

Would you like to volunteer some time helping out while also enjoying some social activity?

If you're interested, call:

Steve: 6551 3340 or

Enid: 6551 6130

If you would like to put something in future newsletters please contact Caron on 6553 5121

SENIOR SOCIAL GROUP

Department of Housing Tenants Senior Social Group

Meetings ~ Monthly~

First Monday 1 pm
Afternoon tea on Second Monday 1pm

Bring a plate and a recipe to share
also a gold coin for charity

The Cancer Wig Library
At "The Meeting Place"
Marjorie St, Taree

- * Meet new people
- * Form new friendships
- * Enjoy social daytime outings
- * Chat and have a cuppa

Come and join with Friendly Group

Bring your ideas with you
Living alone or couples...

WELCOME

Information Contact:

Judith Dunn 6552 6363

Peter Johnson 6551 0578



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The Meeting Place
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Taree NSW 2429
Phone: 6550 1666

See us at: www.mvns.org.au